

Application for ecSatter Inventory (ecSI 2.0)

As stated in the usage protocol, permission to use ecSI 2.0 is reserved for validation studies or for testing of a clearly defined clinical or educational intervention. Please provide a succinct project description following the guidelines below and *using the form on the next page*. Be specific about timing of testing and delivery protocol (e.g., paper, web). Please limit the description to 600 words.

After reading the application guidelines, [click here](#) to complete your application.

ecSI 2.0 Use	Project Description Guidelines
Research	<ul style="list-style-type: none"> • What is the research question? • What population will be studied? • What is the role of the ecSI 2.0 in this study? • What is the planned sample size and power analysis? • What strategies will be used to recruit subjects? • What instruments or measures will be included in addition to ecSI 2.0? (Include any psychometric, nutritional, physical, metabolic, and psychological tests.)
Clinical Intervention*	<ul style="list-style-type: none"> • Describe the clinical problem (e.g. weight management, Type 1 or Type II diabetes, specific eating disorder, weight gain during pregnancy). • Explain your clinical intervention. <i>Be concrete</i>, i.e. what do you mean by non-dieting, trust model, intuitive eating, healthy eating, food plans, etc. • Do you plan to increase or reduce intake of certain nutrients, e.g., energy, carbohydrate, fat, etc. By what means? • Describe social unit addressed, e.g. individual, family, group • Indicate client ages <p>The distinction between clinical and educational intervention is made on the basis of assessment and treatment planning. The clinical intervention includes individualized assessment and treatment planning. The educational intervention does not.</p>
Educational Intervention*	<ul style="list-style-type: none"> • What is the educational setting (e.g. WIC, Head Start, university, extension, primary health care)? • What is the target audience (e.g., professionals or other staff, participants, students)? • Indicate ages of the target audience. • What is the course or program title? • Explain the scope and focus of the curriculum. <i>Be concrete</i>, i.e. what do you mean by non-dieting, healthy eating, food plans, nutrient focus, etc. • Indicate that you will NOT be teaching ecSI 2.0 as part of the course content, i.e. teaching to the test. <p>The distinction between clinical and educational intervention is made on the basis of assessment and treatment planning. The clinical intervention includes individualized assessment and treatment planning. The educational intervention does not.</p>

Human Subjects Review	<ul style="list-style-type: none">• What are your plans for human subjects review? What agency will you approach for this review?
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